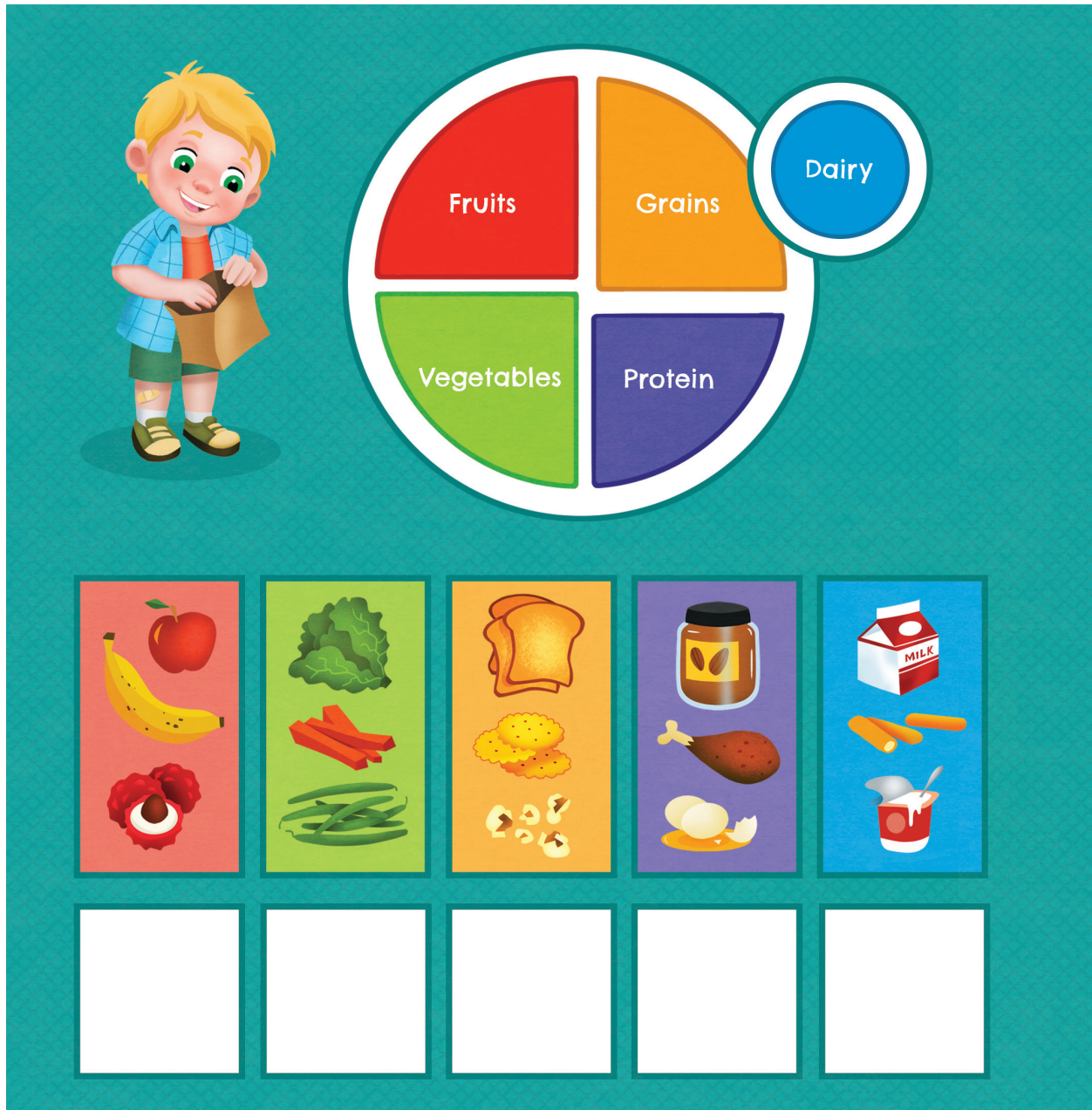


My Perfect Plate

Chris is hungry! He needs help to build the perfect plate for a healthy lunch. Match the food groups below with their spot on the plate, by drawing a line between them. Think of some of your favorite foods: In what food groups do they belong? In the blank, draw your favorite food from each group!



For more fun learning activities like this one, check out LeapStart, the all-in-one interactive early learning system for Preschool through 1st grade. LeapStart introduces key school and life skills designed to help challenge kids to get ready for tomorrow.

